

Delight in Watts 2020
Healthy Mind Healthy Me
Evaluation Report





Delivered in partnership with



Delight in Watts funders

ARM Foundation

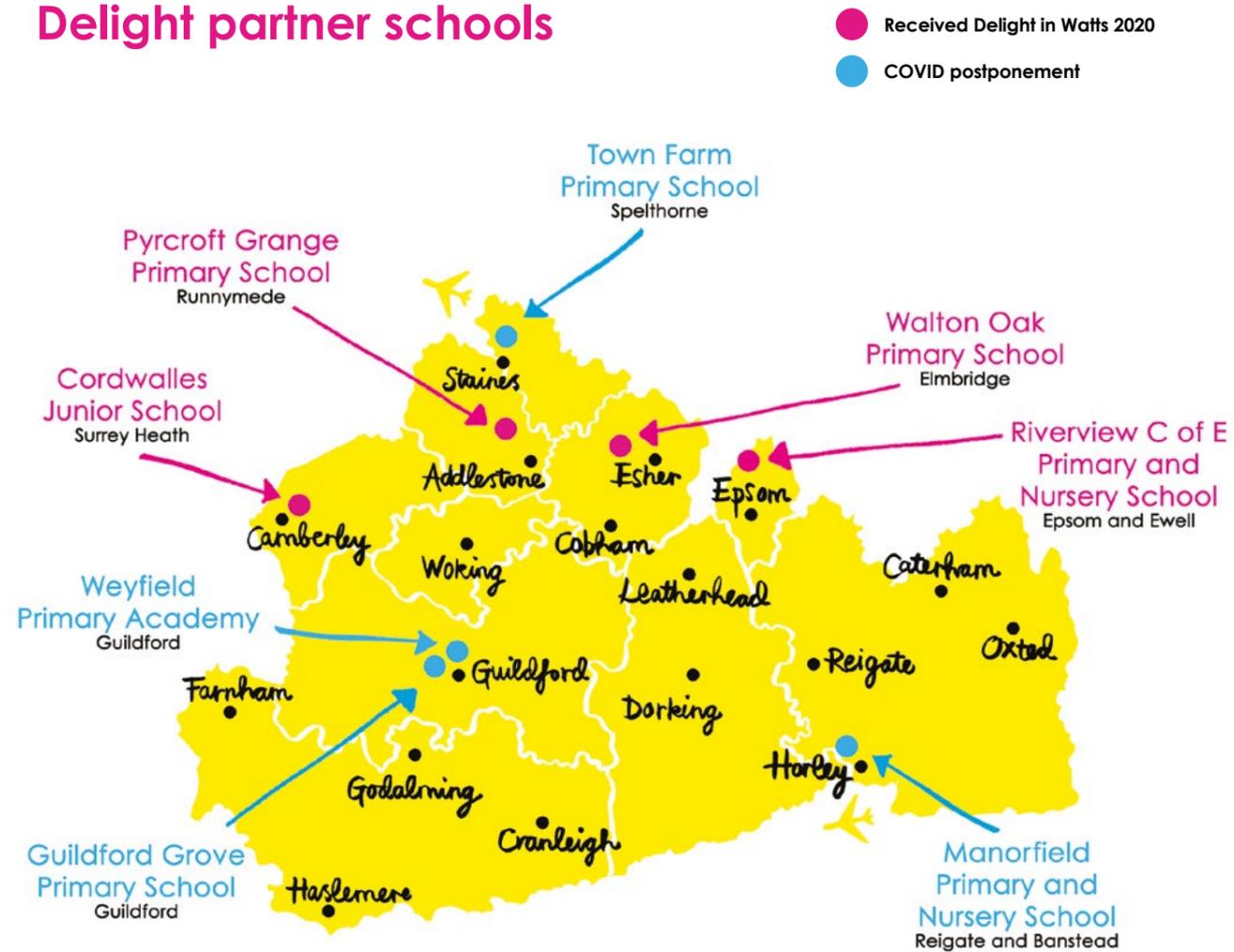


TESCO Bags of Help



THANK YOU!

Delight partner schools



Delight in Watts 2020 Healthy Mind Healthy Me Evaluation Report

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Delight in Watts Healthy Mind Healthy Me

Delight in Watts Healthy Mind Healthy Me is a 6-week intensive arts-based programme that strengthens children's wellbeing and life skills and increases their visual arts confidence, knowledge and skills. Created by Delight and delivered in partnership with Paintbox, Watts Gallery – Artists' Village and primary schools the programme stimulates each child's imagination, challenging them to take creative risks, use artistic terminology and explore both Watts' art work and a range of art materials – whilst working towards creating their own unique painting to be professionally exhibited.

The programme begins with a 'wow' day at Watts Gallery – Artists' Village where children gain an understanding of the Watts' artwork and their working ethics. The children work with professional Paintbox artists over a series of weeks to explore new artistic techniques and materials and employ these new skills to create individual paintings that are professionally exhibited at Watts Gallery – Artists' Village to share at a private view with family and friends.

Bespoke Arts Award journals reinforce learning and increase confidence with all children receiving Arts Award Discover accreditation at the end of the programme.

In 2020, 187 Year 4 children from 4 Surrey schools with high levels of socio-economic disadvantage took part.



"IT HAS BEEN A VERY BIG CHALLENGE FOR ME. I JUST FOLLOWED MY HEART INSTEAD OF MY BRAIN"

CHILD



ARTIST TESTIMONIAL: HANNAH MAIYA MILLS PAINTBOX PROJECT

"When we start working on a project with children, our first goal is to break down any barriers or obstacles in place. Some children don't think art is for them and aren't particularly interested. Others have already lost confidence in their ability and think they are 'rubbish at art'.

We talk with the children about their perception of art and open their eyes to the wide variety of art forms that exist and the range of opportunities within art.

Once they can understand that art is not just drawing and painting and that art skills are used in many fields from architecture to fashion to photography to game design, they can see that there is a place for them in the art world.

'Mistakes' is an important theme in our classroom work which helps children to become more resilient and to persevere. We discuss our own artistic practice – the number of times we might redraw something before we get it right and the mistakes we have made that have changed the direction of our artwork for the better. Understanding that professional artists go through this process means that the children become less frustrated when things go wrong and can see that they need to keep going.

Their comments at the end of their Delight in Watts experience show that they really take this idea on board with many writing about how they turned things round after making a mistake."



Demonstrating the impact of arts-based learning

We're passionate about creating high-quality programmes – and demonstrating how arts-based learning can impact on children's outcomes. We evaluate against clear targeted outcomes, so that we can find out what works, and the impact programme elements have on children, teachers, school communities and families.

For Delight in Watts Healthy Mind Healthy Me 2020 we were able to collect detailed evaluation data of 30 pupil premium children across 4 schools, collected views from 189 children, 7 teachers and 55 parents/carers.

Programme Specific Objectives

The outcomes of Delight in Watts are evidenced around four key development areas:

OUTCOME 1
Wellbeing

OUTCOME 2
Engaging with Learning

OUTCOME 3
Broadening Children's Horizons

OUTCOME 4
Developing a Positive Support Network

OUTCOME 1
Wellbeing

"PAINTING MAKES ME FEEL PEACEFUL AND CALM WHENEVER I'M STRESSED BECAUSE I USE BRIGHT COLOURS AND HAVE SILENCE"

CHILD

Creating unique individual works of art over several weeks, being challenged to use newly learnt artistic techniques and vocabulary and given the opportunity to convey their own personal story through art, affords all children an equal opportunity to excel.

We were looking to see improvements in 3 key areas:

- Value of using art to improve a sense of wellbeing
- Increased confidence and self-worth
- Increased resilience

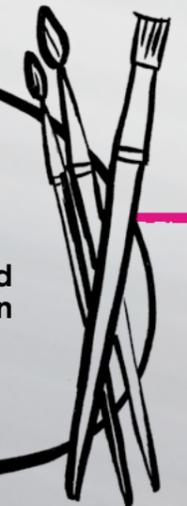
"I'm very impressed with my son's artistic skills. It has been lovely seeing him so excited about art and so proud of his creations."

PARENT/CARER

IMPACT – TRACKED CHILDREN

Based on 30 pupil premium case studies

97% believe drawing and painting can help them feel good



"My daughter has benefitted immensely from the experience."

PARENT/CARER

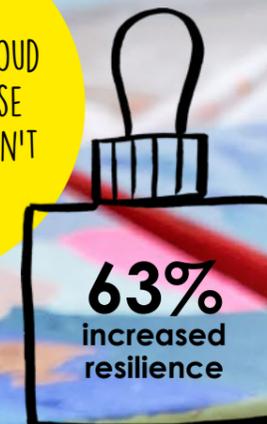
"MY PAINTING MAKES ME FEEL PROUD OF MYSELF BECAUSE I THOUGHT I COULDN'T DO IT"

CHILD

63% increased self worth



63% increased resilience



"MY PAINTING MAKES ME FEEL LIKE I AM FLYING"

CHILD

OUTCOME 2

Engaging with Learning

“Verbally, several of my pupils being able to explain stories was a stand out for me. I hadn’t expected them to be so engaged and verbally fluent. This was definitely apparent during the programme.”

TEACHER

From the interactive day at Watts Gallery – Artists’ Village in Compton to the professional-led Paintbox art sessions, embedded cross-curricular learning links and Arts Award support, Delight in Watts Healthy Mind Healthy Me offers an enriching learning experience for each child.

Providing an opportunity to create individual unique works of art offered creative freedom for some children and an opportunity to reconnect other children with the joy of learning.

We were looking to see improvement in 2 key areas:

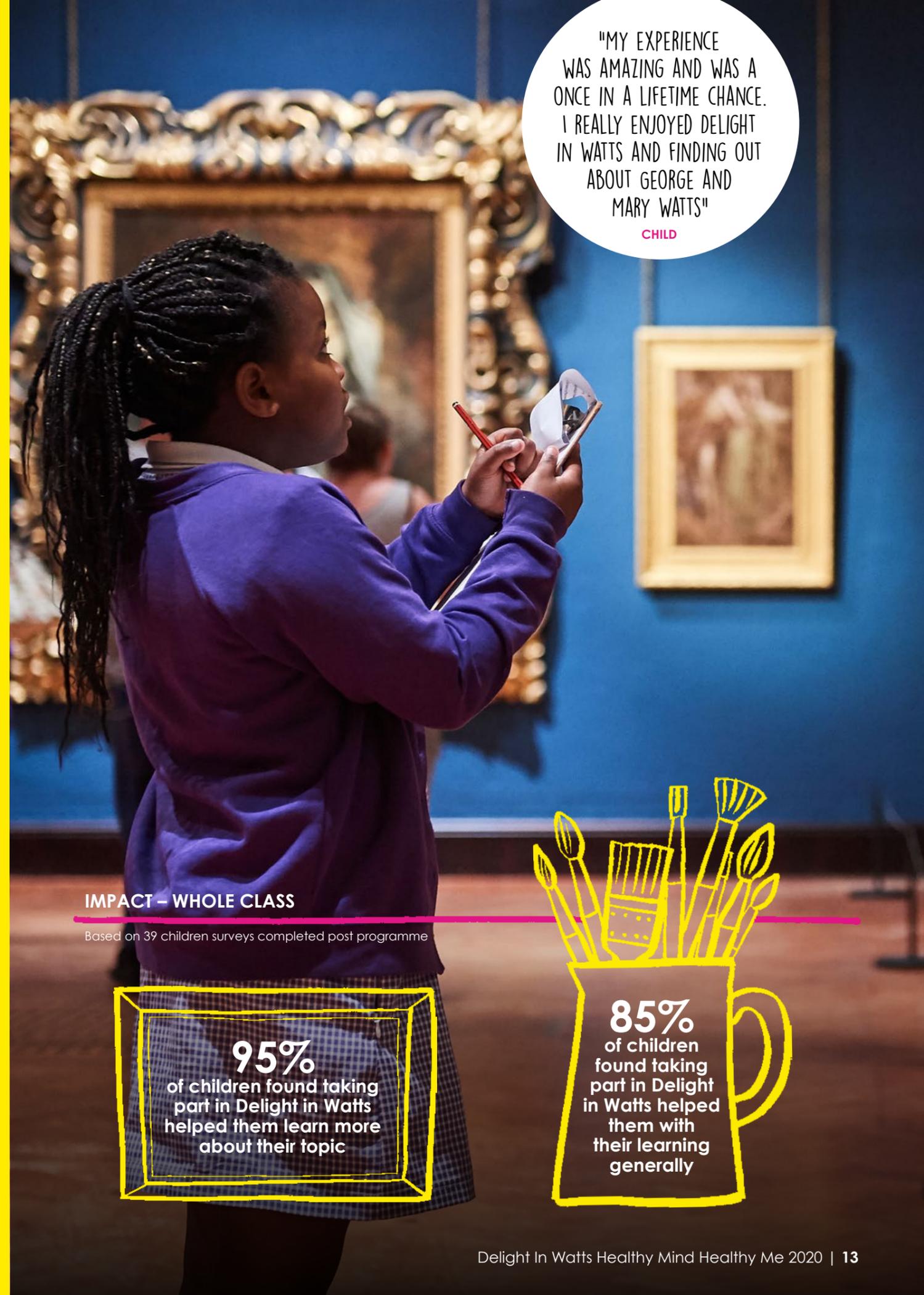
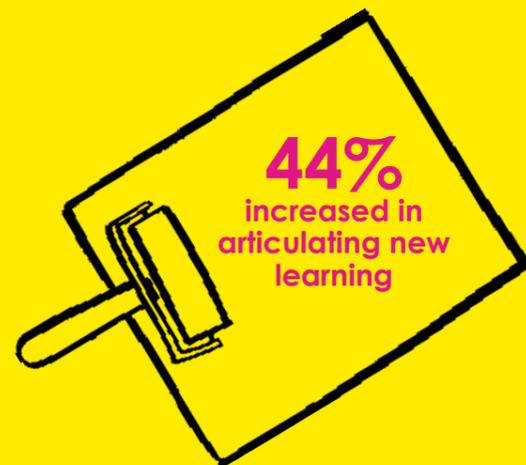
- Increased ability in being able to articulate new learning
- Improved confidence in speaking and listening

“A lovely experience. The teacher has told me that my child is much more engaged in classroom learning now.”

PARENT/CARER

IMPACT – TRACKED CHILDREN

Based on 30 pupil premium children

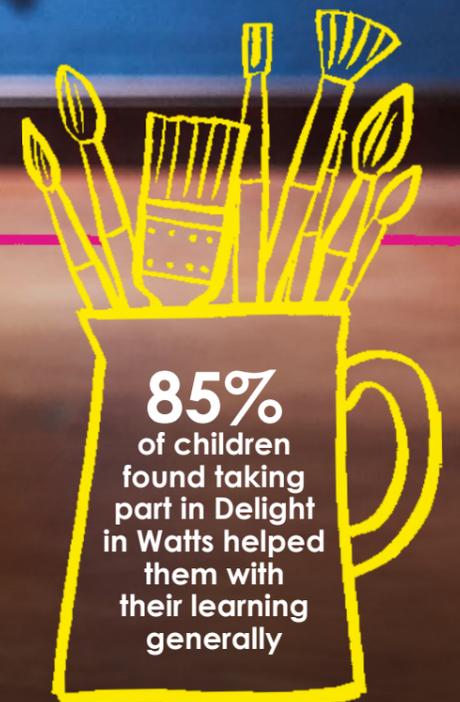


“MY EXPERIENCE WAS AMAZING AND WAS A ONCE IN A LIFETIME CHANCE. I REALLY ENJOYED DELIGHT IN WATTS AND FINDING OUT ABOUT GEORGE AND MARY WATTS”

CHILD

IMPACT – WHOLE CLASS

Based on 39 children surveys completed post programme



OUTCOME 3
Broadening Children's Horizons

"I LOVED BEING INVOLVED IN DELIGHT IN WATTS BECAUSE I GOT TO SEE LOTS OF THINGS AND MAKE ART THAT I NEVER THOUGHT I COULD DO."

CHILD

Delight in Watts Healthy Mind Healthy Me takes learning beyond the classroom through a day spent at an art gallery, workshops with professional artists, participation in Arts Award and a celebratory exhibition. The range of opportunities are designed to counteract creative opportunity deficits.

We looked to see improvement in 2 key areas:

- Development of visual literacy
- Increased mastery of artistic techniques



"My son has thoroughly enjoyed this experience, so much so, he has asked me to buy books on this subject."

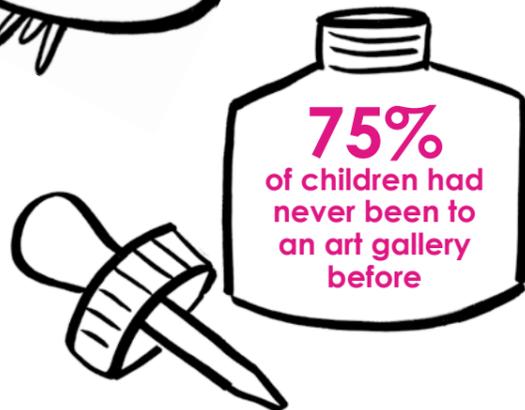
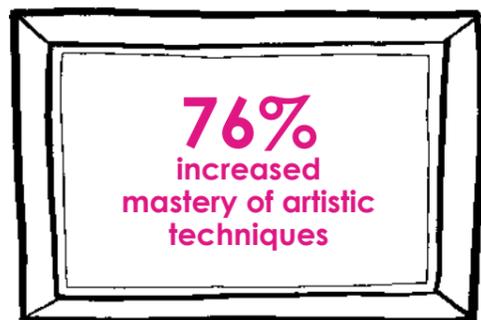
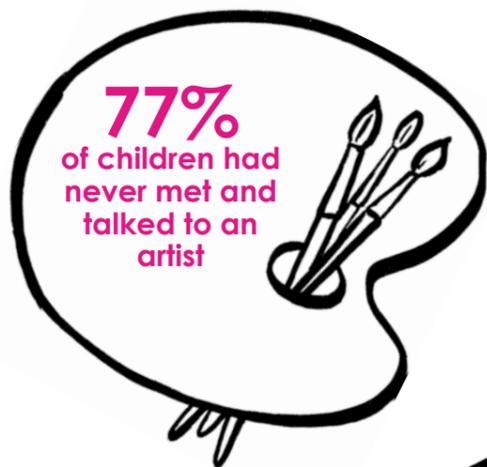
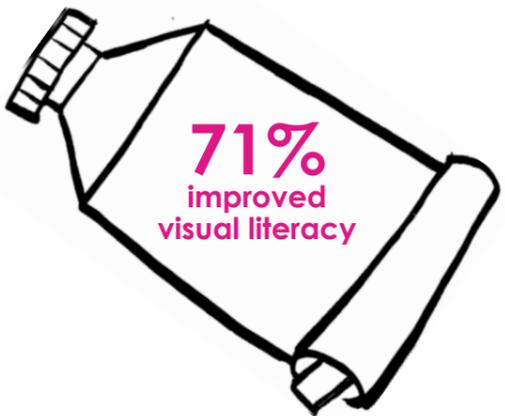
PARENT/CARER

IMPACT – TRACKED CHILDREN

Based on 30 pupil premium children

IMPACT – WHOLE CLASS

Based on 189 children surveyed pre programme



Teacher Testimonial

"My class benefitted greatly from the Delight in Watts project, both individually and as a collective whole.

The children's end of year reflections all mention the Watts Gallery exhibition as a highlight of the year, clearly demonstrating their pride and enjoyment of the topic. They loved showing their work to their family and friends and having the opportunity to celebrate together.

Lots of children commented that they now feel more secure and confident when creating art, and know that it is OK to make a mistake – mistakes are how we learn and get better.

I feel that I couldn't replicate this feeling or this learning experience without the Delight in Watts team and the opportunities they provided to the children – it has definitely enhanced the children's cultural experience and belief in their own talents."

Case Studies

BAILEY: LOW ABILITY GENDER: MALE

Teacher Comments

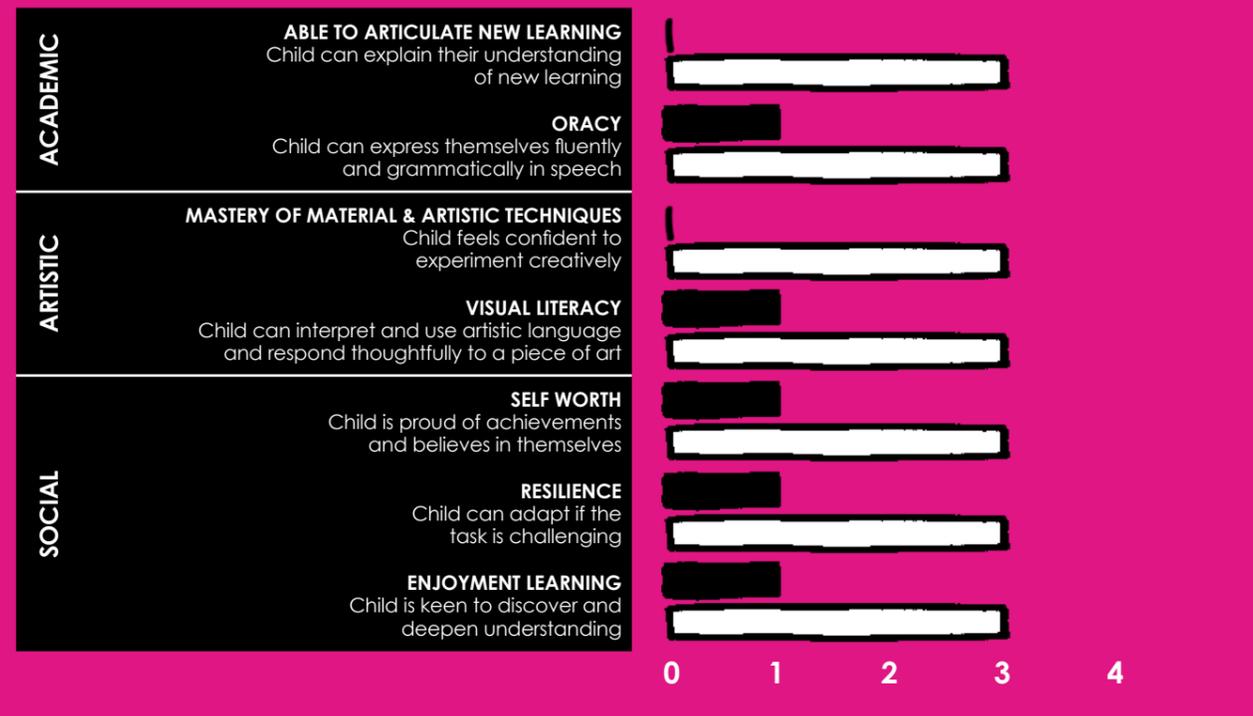
Pre Programme: Bailey is lower ability across all subjects and finds it difficult to focus. His frustration towards his learning will often result in him sulking rather than participating in lessons.

Post programme: Bailey has really grown in confidence this year and I do believe that the Delight experience had a big part to play in this. Bailey enjoyed the whole experience and, although Mum could not attend the gallery visit, she did enjoy looking at pictures and has since really engaged with the school regarding Bailey learning.

Pupil Comments

Pre Programme: I don't really like school. I'm not sure about the project, Mum said she wasn't coming to see it.

Post programme: comments unavailable



All children's names have been changed for protection purposes

Before After

DAISY: LOW ABILITY GENDER: FEMALE

Teacher Comments

Pre Programme: Daisy is a sociable child with many friends. Academically Daisy is low ability who struggles across all areas of the curriculum and needs constant reassurance she is doing things right.

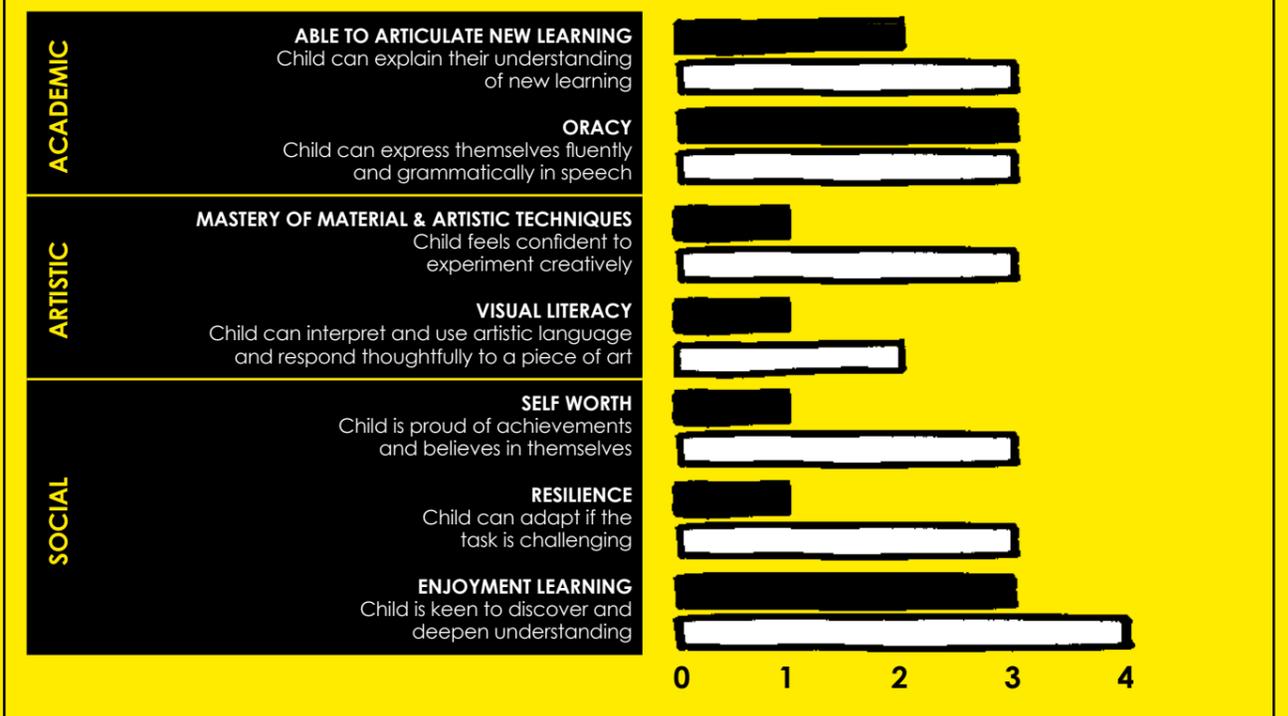
Post programme: Daisy has grown in confidence and loved taking part in the project. She has thoroughly enjoyed the art activities and the Watts gallery visit. Daisy has been excited to talk about her artwork and regularly giving others compliments. Daisy is proud of what she has produced and has begun to use some of the new vocabulary introduced. During the painting sessions, she took feedback on board and tried new techniques.

Pupil Comments

Pre Programme: I feel good about learning. It is hard but it is helpful because it will help me in year 6.

Nervous about the project because I am worried about struggling when I'm drawing and painting. I am not very good at painting it will help me get better.

Post programme: comments unavailable



Before After



OUTCOME 4 Developing a Positive Support Network

Delight in Watts Healthy Mind Healthy Me supports adults around the children. The children's exhibition at Watts Gallery – Artists' Village is a significant part of the programme and provides an opportunity for children to share and celebrate their learning journey with family and friends.

We looked at:

- Child sharing the experience with parent/carer at home
- Parent/carer perception of impact on child
- Potential for further engagement beyond school

Delight Teacher Support

Delight is committed to developing teacher confidence, creative skills and knowledge, providing the tools to carry the experience forward in class and share their learning with colleagues.

“Taking part in the Delight in Watts program has given me more ideas to implement into the classroom. It is a very beneficial and rewarding program to be a part of.”

TEACHER

“My daughter loved it. She has been spending hours creating canvases. Absolutely a positive experience.”

PARENT/CARER

“It has been a great experience. Seeing my son's efforts on display at the gallery has made me want to encourage him more.”

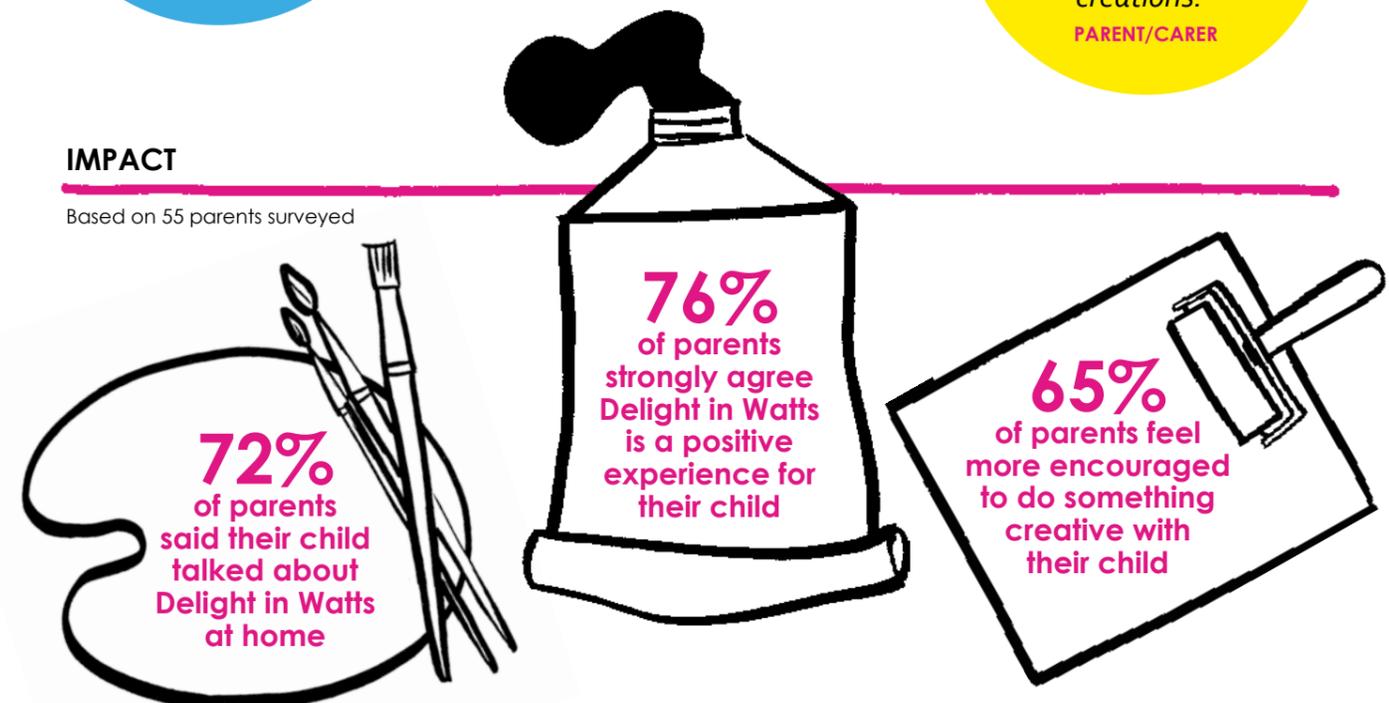
PARENT/CARER

“I'm very impressed with my son's artistic skills. It has been lovely seeing him so excited about art and so proud of his creations.”

PARENT/CARER

IMPACT

Based on 55 parents surveyed





COVID-19 Impact

Celebratory Exhibition

School closures on the 20th March 2020 meant the children from Walton Oak Primary School and Pycroft Grange Primary School were not able to exhibit their artwork at Watts Gallery – Artists' Village as intended.

The exhibition is a significant part of the programme and provides an opportunity for children to share and celebrate their learning journey with family and friends. To offer a conclusion to Delight in Watts Healthy Mind Healthy Me at both Walton Oak Primary School and Pycroft Grange Primary School the paintings will be mounted and displayed in September to share with other year groups and also shared remotely with family members.

Strong Relationships Built

Both Walton Oak Primary School and Pycroft Grange Primary School were very keen to retain Paintbox working with their children until schools officially closed. Teachers felt Delight in Watts Healthy Mind Healthy Me gave children something positive to focus on at a turbulent time and demonstrates the level of wellbeing generated by the project and the value placed on the experience.

The value in the relationship was further demonstrated in teachers willingness to work with Delight in documenting tracked pupil premium children's development and their own personal development.

Arts Award

All 189 children were successful in completing their Arts Award and will be handed certificates in September.

Data Gaps

We were unable to collect end of programme information from the participating children so this report does not strongly demonstrate an end of programme pupil voice of either whole classes of children or pupil premium tracked children.

Moving Forward

Manorfield Primary and Nursery School, Town Farm Primary School, Weyfield Primary Academy and Guildford Grove Primary School were all due to participate in the summer term. All schools have been invited to participate in our 2020-21 reimagined Bubbles of Delight – Art, Out of this World programme.



Delight